<b>2023 SWIM TEAM REGISTRATION FORM</b>
***Please return with Rules & Regulation Signature Page & Payment***
SWIMMER:
PARENTS:
ADDRESS:
E-MAIL:
PHONE: (Cell)(Home)
SEX:AGE(AS OF 6/1) BIRTHDATE
SHIRT SIZE: S M L SHORTS SIZE: S M L
ADDITIONAL SWIMMERS IN FAMILY:
SWIMMER #2
SEX:AGE: (as of 6/1) BIRTHDATE
SHIRT SIZE: S_M_LSHORTS SIZE: S_M_L
SWIMMER #3
SEX:AGE:(as of 6/1) BIRTHDATE
SHIRT SIZE: S M L SHORTS SIZE: S M L
SWIMMER #4
SEX:AGE: (as of 6/1) BIRTHDATE
SHIRT SIZE: S M L SHORTS SIZE: S M L
Number of swimmers x 50 = (if reaching cap \$125)
Number of swimmers x 15 = (Invitational)
Total Due
Amount PD Check Cash/Online

# **Save The Dates**

### 2023 River Parish Swim League Schedule

DATE	HOME	AWAY	
	Riverlands	LaVacherie	
Monday, June 5	Larayo	SJP Swim Club	
	Sun Villa	Hill Heights	
Thursday, June 8	LaVacherie	Hill Heights	
	SJP Swim Club	Riverlands	
	Sun Villa	Larayo	
Thursday, June 15	Larayo	Riverlands	
	Hill Heights	SJP Swim Club	
	LaVacherie	Sun Villa	
	SJP Swim Club	Sun Villa	
Monday, June 19	Hill Heights	Riverlands	
	Lararyo	LaVacherie	
Thursday, June 22	Hill Heights	Larayo	
	Riverlands	Sun Villa	
	LaVacherie	SJP Swim Club	

Stroke Judge, Starter, & Computer Admin Clinic Wednesday, May 24 Invitational @ Hill Heights July 7, 8, 9

All Swim Meets start at 6:30pm

Hill Heights Swim Team Picture Day is the morning of May 25th

– Time TBA

#### Welcome to the 2023 River Parish Swim League Season!

The swim league board of directors welcome you to the 2023 swim season. Each summer, children from across the tri-parish area come together to create an experience of recreation, fitness and entertainment that helps to weave the fabric of our communities. For the children who participate in the River Parish Swim League, valuable swimming skills are acquired in addition to the life lessons in good sportsmanship. For their parents, it's an opportunity to make friendships across parish lines.

Our league consists of approximately 500 swimmers from ages 3 through **18.** For many of our swimmers, this will be their first time on a team as well as a competitive environment.

The River Parish Swim League operates under the following principles:

- To provide an environment that develops a love for swimming and fitness in each participant.
- To offer a positive competitive experience for both swimmer and parent.
- To provide coaching that allows new, as well as accomplished athletes, to improve their strokes and times throughout the season.
- To develop principles of teamwork, team spirit and sportsmanship throughout all age groups on the team.

Unlike many youth sport leagues and teams, our success and the efficiency with which we can complete our dual meets and annual Invitational, depends on a team of parent volunteers from both the home as well as the visiting teams. Whether this is your first year or you are returning to us, please don't hesitate to get your feet wet on deck this season.

Again, thank you and your swimmer/swimmers for choosing to be a member of the River Parish Swim League!

# **2023 HHCC SWIM TEAM RULES**

#### • REGISTRATION & FEES

All swimmers must pay a registration fee in order to participate on the team. All club dues/ assessments must also be up to date. The fee is \$50 per swimmer not to exceed \$125 per family (no cap for STO members). In addition to the \$50 fee per swimmer, there is a \$15 fee per swimmer for Invitational added to your registration for a total of \$65 per swimmer. Each family will be required to pay a \$100 work deposit. You can mail registration or turn in at the first practice. If the family meets the work requirements, the check will be returned to you at the end of the season.

Registration can be mailed to: Andrea Carter 57 Elmwood Drive Destrehan, LA 70047

You can also pay your registration fee with credit card online by logging into your eSoft account (you would still need to turn in your forms plus deposit check via mail or practice). There will be a 2.8% fee for this service. Please send an email to <u>hhccbookkeeper@gmail.com</u> if you need a password reset to log into your account or call Yvonne Winchell at 337-254-7703. You can also just click on forgot password.

Log in to:

https://www.esoftplanner.com/v3/planner/login.php?access=0dG81LSVxNmo65a4vmV8vp6Lp A==

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After logging in, click on Memberships in the top blue highlighted menu. Select Sign up for 1 swimmer, 2 swimmers or 3 or more swimmers. You will be able to list your individual swimmers.

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Follow the steps to charge the payment to your credit card. Be sure to mail in your registration forms and deposit check for \$100.00 (refundable if you complete your work hours by the end of the season). Please note on your registration that you paid online using your credit card – the club will receive notification from the system when your payment is made.

### • PRACTICES

Although practice is not mandatory, all swimmers are encouraged to attend as many as possible. This is the only way to improve your stroke and times. All members and visitors must leave pool area immediately after practices. \* Baby pool is off limits during practices for all members and visitors.

# • TEAM SUITS AND CAPS

All swimmers are required to wear the team suit and the HHCC team cap at all meets and the Invitational. In addition, girls must wear a cap at all practices (no bobby pins, dangling earrings or barrettes, please). All girls must wear 1 piece swimsuits for all practices.

#### • WORKING SWIM MEETS

Each family is required to work at least 3 whole swim meets .You may be asked to work more or less swim meets depending upon the number of families we have for the 2023swim season. If you are scheduled for a meet and cannot work, please contact Andrea Carter ASAP. An extra fee will be assessed if you do not work the required meets (please see above under registration). \* Baby pool and diving well are off limits during swim meets; no dangling of feet or hands in water.

### • INVITATIONAL

All swimmers are encouraged to participate in the Invitational. This is not mandatory, but remember it is the final event of the season and the team needs everyone. All swimmers must participate in 3 swim meets in order to participate in the Invitational. We do encourage everyone to support the host team by buying shirts/shorts/ads, but this is not required.

League Rule - In order to be recognized as a senior swimmer – You must be an aging out swimmer (18 years of age) or graduating high school senior and declares this your final swim season in the league. They must have swam their 3 required meets in dual season and participate in the Invitational.

If a swimmer participates in the Invitational, the parents must be able to work at least 2 shifts during this weekend event or an additional work fee of \$100 will be charged.

### • TEAM PICTURES

All swimmers are required to wear their team suit for the team picture (your choice for individuals). We encourage all swimmers to be in the team picture, but it is not mandatory. Picture day this year is on May 25<sup>th</sup> (time TBA).

# • APPRECIATION PARTY

All swimmers who have participated in practices and swim meets are invited to the party for no charge. Siblings of swimmers not on the team and parents that did not work their 3 meets may attend for a fee of \$10/each.

# • EXPECTATIONS OF SWIMMERS/PARENTS

Disrespect and horseplay will not be tolerated at any time. Good sportsmanship is expected at all times. \* League rules state, "Good sportsmanship will be stressed by all team coaches for both dual meets and the Invitational. If a swimmers/parents actions/behavior is deemed disrespectful during/at a swim meet the league reps must agree to declare the swimmer/parent ineligible for the remainder of the meet."

I have read all the rules. I agree and abide by all swim team rules as described in the handout provided. This includes both swimmers and their families.

If not, I understand, I will be removed from that meet or practice. If a second offense occurs, I understand that I will be removed from the swim team.

Swimmer's Signature	Date
Swimmer's Signature	Date
Swimmer's Signature	Date
Swimmer's Signature	Date
Parent's Signature	_Date

\*\*Please return this signed page with your registration and payment

# Swim Team Suits and Fins

Everyone **MUST** have a Team Suit and Team Meet Cap at all swim meets.

We have silicone and latex caps for sale. Personalized caps may be ordered this year if we have enough orders to meet minimum requirements.

### Practice fins are optional.

Girls: TYR Alliance TSplice Maxfin Royal/Gold Boys: TYR Alliance Splice Jammer Royal/Gold Choice between: The Finals Reactor Splice Racer Royal/ Gold or TYR Solid Racer Royal

We have set up a team store at <u>www.argonswim.com</u> and it will have the swimsuits (required) and some accessories (optional) you may want to have. The link is below.

When we get this packet back, we will email you the link as well.

#### Hill Heights Swim Team Apparel Link:

https://www.agonswim.com/teams/128713

\*\*\*BULK ORDER DEADLINE IS APRIL 16<sup>th</sup>\*\*\*

Orders can still be placed after this deadline, but orders are not guaranteed by picture day on May 25<sup>th</sup>

Please make sure the following things are done prior to the start of the season so we can keep in touch with all of our families.

• Email <u>hurricanesswimming@gmail.com</u> so we can update our 2023 contact list.

Please register at rainedout.net to stay in contact with our coaches with text alerts. We will also post Rain Out dates as soon as we can on Facebook and via email.

<u>www.rainedout.net</u>

Search Term: HHCC Swimming

Category: swimming

After search is complete, select HHCC Swimming and continue to enter in contact information for all 3 tabs to start receiving swim team notifications.

• Apparel order forms will be available online at <u>https://www.agonswim.com/teams/128713</u>

• Please send all correspondence to: <u>hurricanesswimming@gmail.com</u>